



PERLS:

DOD:

Tourniquets are not effective when placed below the elbow or knee. The 2 bones will compress and prevent occlusion of the vasculature. Even when placing a 2nd tourniquet bleeding will not be controlled.

LINKS:

www.bleedingcontrol.org

www.dhs.gov/stopthebleed

<https://firstcareprovider.org/#fcp>

www.naemt.org/education/WhatIsB-Con.aspx

VIDEOS:

Hartford Consensus: How to use a tourniquet

<https://www.youtube.com/watch?v=y81aJ81ln5Q>

A Perfect Stranger

<https://www.dhs.gov/stb-psas>

Control Bleeding

<https://www.youtube.com/watch?v=-6XYbl2uNFY>